

THESE MEDICATIONS INTERFERE WITH ALLERGY TESTING
PLEASE READ CAREFULLY

24 HOURS BEFORE

Stop for 24 hours prior to testing:

- Skin cream or lotion on the back and arms
- Singulair (montelukast), Accolate, Benadryl (diphenhydramine)

7 DAYS BEFORE

Stop for 7 days prior to testing:

- Over the counter – cold/cough/sinus preparations, medications which contain doxylamine, chlorpheniramine, fexofenadine, loratadine, cetirizine, any antihistamine, any antihistamine/decongestant combination or homeopathic allergy supplement
- Antihistamine (examples) Actifed, Alavert, Alka-Seltzer Allergy, Allegra, Antivert, Atarax (hydroxyzine), Atrohist, Bromfed, cetirizine, Clarinex, Claritin, Comhist-LA, D.A.Chewable, Deconamine, Dimetane DC, Doxepin, Extendryl, Fedahist, fexofenadine, Histex, Kronafed-A, loratadine, Meclizine, Nolahist, Nalamine, PBZ, Periactin, Phenergan, RuTuss, Rynatan, Rynatuss, Sinulin, Tavist, Teldrin, Temaril, Triaminic, Trinalin, Tussionex, Vistaril, Xyzal, Zyrtec
- Eyedrops – Pataday, Zaditor, Optivar, Elestat, over the counter allergy drops
- Reflux/Ulcer medicines – if possible, discontinue Tagamet, Zantac/ranitidine, Pepcid, Acid, Cimetidine. If not possible to stop reflux/ulcer meds for 7 days, they should be stopped for a minimum of 24 hours.
- Sleep aids – Sinequan, Bufferin AT Nite-Time, Excedrin PM, Unisom, Advil PM, Tylenol PM
- Nasal Spray – Astelin, Astepro, Patanase, Dymista
- Steroids – long-term or high-dose prednisone may partially suppress skin tests
- Motion Sickness/anti-nausea medications

YOU MAY CONTINUE TO TAKE THESE MEDICATIONS

- Do **NOT** discontinue asthma medications (asthma inhalers, theophylline products, prednisone)
- Plain decongestants (Sudafed, pseudoephedrine, phenylephrine)
- Topical decongestant (Afrin nasal spray)
- Topical nasal moisturizer – Ocean, Ayr (saline)
- Topical non-antihistamine nasal sprays
- Over the counter Nasalcrom, Flonase, Nasacort
- Prescription Atrovent, Omnaris, Nasarel, Nasonex, Rhinocort, Zetonna, Qnasl
- Antibiotics
- Oral pain medications – Motrin, ibuprofen, Tylenol Sinus (if decongestant ONLY)
- Prevacid (lansoprazole), Prilosec (omeprazole)
- Do NOT discontinue medicines used for other disease processes unless specified above.

The office is located at 970 Parchment Drive, S.E., just off Cascade Road, S.E.

If you are traveling from the north, take Interstate 96 East to Exit 40 for *Cascade Road*. Follow sign for *Cascade Road East* to merge onto Cascade Road. Continue east (right lane) approximately a block and a half, then turn right onto Parchment Drive. The office is directly behind the 5/3 Bank.

When traveling from the south, take Interstate 96 to Exit 40 for *Cascade Road*. Follow the sign for *Cascade Road East* to merge onto Cascade Road. Continue east (right lane) approximately a block and a half, then turn right onto Parchment Drive. The office is directly behind the 5/3 Bank.

We look forward to seeing you at Grand Rapids Allergy
Drive Safely