

**STOP FOR 7 DAYS BEFORE TESTING**

<b>Antihistamines</b>	<b>Antihistamine/ Decongestant</b>	<b>Anti-Anxiety</b>	<b>Over-the-Counter Cough &amp; Cold Preparations</b>
Actifed Alavert Allegra Antivert Astelin (nasal spray) Astepro Atarax (hydroxyzine) Atrohist Bromfed Bufferin AF Nite-Time Cetirizine Clarinex Claritin Comhist-LA D.A. Chewable Deconamine Dimetane DC Doxepin Excedrin PM Extendryl Fedahist Fexofenadine Histex Kronafed-A Loratadine Meclizine Nolahist Nolamine PBZ & PBZ SR Periactin Phenergan RuTuss Rynatan Rynatuss Sinequan(doxepin) Sinulin Tavist Teldrin Temaril Triaminic Trinalin Tussionex Tylenol PM UnisoM (doxylamine) Vistaril Zyrtec	Allegra-D Atrohist Cerose-DM Claritin-D 12 hr or 24 hr D.A.II Dimetane-DX Dura-Tap / PD Duravent / A Hycomine Kronofed Rondac Rynatan pediatric Semprex-D Tussend	Adapin Atarax Ativan BusPar Librax Libritabs Librium Limbitrol Mebarol Miltown PMB Serax Trancopal Tranxene Valium Valrelease Vistaril Xanax	Alka-Seltzer Plus Cold, Cold and Cough, Night-time Cold. Allerest Max. Strength Sinus Pain Formula BC Cold Powder Multi Symptom Derise DM Cheracol Plus Head Cold/Cough Children’s Vicks Nyquil Cold/Cough DayQuil Allergy Relief Chlor-Trimeton Allergy Comtrex Allergy/Sinus Contac Coricidin Dimetane DC Cough Syrup Dimetapp Drixoral Cold & Allergy Efidac 24 Chlorpheniramine 4-Way Cold Tabs Pediacare Cough/Cold/Allergy Pediatric Vicks 44m Cough & Cold Pyroxate Caplets Robitussin NightTime Cold Formula Ryna Liquid Sinarest Singlet Tablets Sinutab Sinus/Allergy Sudafed Cold & Allergy Tavist / Tavist-D Teldrin Theraflu Max.Strength Flu & Cold Triaminic Night-Time Triaminic Triaminicin Children’s Tylenol Flu Liquid, Cold MultiSymptom Tylenol Allergy Sinus, Max.Strength & Nighttime. Tylenol Flu, Cold & Hot Flu med Cold & MultiSymptom Formula Tylenol Cold medication, effervescent Tylenol Severe Allergy Vicks 44 Cough, Cold, & Flu Zyrtec-D “PM”s
<b>Intranasal</b> Astepro Astelin		<b>MotionSickness Anti-Nausea</b> Bonine Antivert/Meclizine Scopalamine Patch Dramamine	

**STOP FOR 24 HOURS BEFORE TESTING**

Accolate

Benadryl

Singulair

Skin cream or lotion on back or arms

**Beta 2 Agonist (Asthma)**

Proventil Repetabs & Syrup (Stop oral asthma meds, if possible - use Inhalers only.)

**H 2 Blockers/Anti-ulcer Meds**

Prefer 7 days, but minimum of 24 Hours

- Tagamet
- Axid
- Zantac
- Pepcid

**Anti-Hypertensives**

Catepres (Clonidine)

**A. Serotonin Inhibitors**

- Luvox
- Paxil
- Prozac
- Zoloft
- Ludiomil

**B. Tricyclics**

- Adapin
- Anafranil
- Ascendin
- Elavil
- Endep
- Etrafon Forte
- Limbitrol
- Norpramin
- Pamelor
- Sinequan
- Surmontil
- Trofranil
- Vivactil

**C. Miscellaneous**

Deprol  
Desyrel  
Wellbutrin

<b>Medications Allowed with Skin Testing</b>
<ul style="list-style-type: none"><li>• Steroid nasal sprays (fluticasone), decongestant nasal sprays (Afrin)</li><li>• Asthma inhalers &amp; theophylline products (TheoDur, Uniphyll, Slobid, etc.)</li><li>• Prednisone</li><li>• Decongestants <u>ALONE</u> (Sudafed, Entex)</li></ul>